

Morgan, C., Winter, S.M., Classen, S., McCarthy, D.P., & Awadzi, K. D. Literature review on older adult gender differences for driving self-regulation and cessation. *Special Issue: Topics in Geriatric Rehabilitation*. (Manuscript accepted on 06/03/08 for publication).

## ABSTRACT

Researchers are calling for increased studies with regard to differences between older men and women drivers. This literature review focuses on gender comparisons for self-regulation of driving and driving cessation. We reviewed twenty articles and assigned levels of evidence. Seven studies were level II (e.g., prospective cohort) and thirteen were level III (e.g., cross-sectional). Subsequently, five evidence-based recommendations (four grade “C” and one grade “D”) were made to address gender specific needs of older men and women. Additional research can potentially clarify gender patterns for self-regulation and cessation and increase the level of evidence supporting gender specific driving interventions.

## KEY WORDS

Evidence-based etiological review, driving strategies, adaptation, men, women, automobile